



# SAINT + JAMES

## CATHOLIC CHURCH & SCHOOL

### General Parish Information

#### Directory

Church Office: .....912-355-1523  
 School Office .....912-355-3132  
 Early Learning Center: .....912-629-2430  
 Convent: .....912-355-6815  
 Email: .....general@stjamesav.com  
 Website: .....www.stjamesav.com  
 Office Hours: Mon-Thurs.: 9am-5pm; Fri.: 9am-1:00pm  
 2nd & 4th Sunday: 8:30am-12:30pm

#### Staff

Very Rev. Daniel F. Firmin, JCL.....*Pastor*  
 Rev. Peter Lanshima.....*Parochial Vicar*  
 Rev. Lewis King.....*Parochial Vicar*  
 Rev. Mr. Lou Santore.....*Deacon*  
 Sr. Stephanie Gabriel, IHM .....*Dir. of Evangelization*  
 Sr. Joan Felicia, IHM.....*School Principal*  
 Mrs. Misty Ellison-Youssef.....*Director Early Learning Ctr*  
 Mrs. Bonnie MacAulay.....*Administrative Assistant*  
 Mr. Charles Ancheta.....*Music Director & Organist*  
 Mr. Mark Kolbush.....*Director of Finance*  
 Mrs. Susanna Powers.....*Receptionist*  
 Mr. Richard Morgan .....*Maintenance*  
 Mr. Matt Keck.....*Maintenance*

### St. James Catholic School

**For information or tours 355-3132**  
**8412 Whitefield Avenue ~ Savannah, GA**  
**www.stjameschargers.com**

#### Mass Schedule

Sunday: 7:30, 9:00\* & 11:30\* am (\*Nursery available)  
 Vigil: .....5:00 pm (except on Holy Saturday)

Weekdays....Monday-Friday 7:00am & 8:30am; Saturday 9am  
 Wednesday additional Mass at 5:30pm

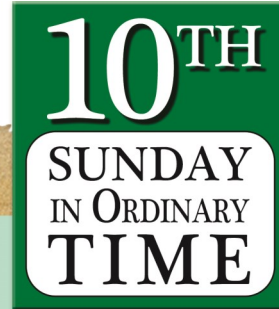
Isle of Hope:.....8:00 am - First Sunday only

Holy Days of Obligation:.....TBA  
 Pro-Life Holy Hour: .....Tuesdays 5:00-6:00pm  
 (Rosary, Adoration and Benediction)

#### Sacraments

Reconciliation: Weekdays Mon-Fri: 7:45 - 8:15am; Tues-5pm,  
 Saturday: 3:45-4:45pm, and by other times by appt.  
 Baptism:.....Please call the parish office to pre-register  
 Anointing of the Sick:.....For anointing, or in case of an  
 emergency, please call the parish office.  
 Marriage:.....Please contact a parish priest  
 Lumen Christi Perpetual Adoration Chapel.....24/7

**10TH SUNDAY IN ORDINARY TIME**  
**JUNE 9TH, 2024**



### Jesus and His Family

*“Whoever does the will of God is  
 my brother and sister and mother.”*

Mark 3:35



### James Church Parish Mission Statement

Saint James the Less Parish will conduct our lives in ways that illustrate our discipleship to Jesus Christ by evangelizing His Word, promoting a culture of life, embracing the richness of the Catholic Faith, use the Beatitudes to model our behaviors, and draw closer to Him through the Sacraments where we will receive courage, zeal, confidence, purpose, and the blessings of the Holy Trinity.

**WELCOME, VISITORS!** We extend a warm welcome to the individuals and families who are celebrating with us today. We invite you to register with our Parish Family. You can fill out a registration form online or at the kiosk located in the Narthex, and return it to the church office.

**8412 Whitefield Avenue ~ Savannah, Georgia 31406 ~ 912.355.1523 ~ website: www.stjamesav.com**

## **PASTOR'S CORNER**

### **10<sup>TH</sup> SUNDAY IN ORDINARY TIME**

#### **SACRED HEART OF JESUS**

Friday, June 7<sup>th</sup>, we celebrated the Solemnity of the Sacred Heart of Jesus. This feast is always during the Octave of Corpus Christi – the Friday following Corpus Christi. First Fridays in the year are also set aside for the devotion to the Sacred Heart of Jesus. The practice of First Fridays grew into the whole month of June being dedicated to the Sacred Heart of Jesus. Like May is the month of Mary, June is the month of the Sacred Heart of Jesus.

In celebrating the Sacred Heart of Jesus we celebrate the abundant, over-flowing, burning love that Jesus Christ, the Incarnate Word of God, God Himself, has for us. His mercy and love shower and flow upon us from His pierced heart.

Unfortunately, tragically, perhaps even demonically, the world has branded June as pride month celebrating disordered sexual orientations, and sinful and evil sexual acts and proclivities. They have taken a month dedicated to humility and ordered Divine Love, and replaced it with the sin of pride and disordered, evil lust.

How do we respond? We can reject pride month, rally against it. Perhaps we do our best not to endorse or patronize those who promote it. What we must do is PRAY. Our hearts need to be filled with the mercy, love, forgiveness, humility of the Sacred Heart of Jesus. We pray for the healing of those who have been wounded in such a way that they turn from Jesus who is the Way, the Truth, the Life, the fulfillment of the deepest desires of their hearts. We pray that our hearts may become like His Sacred Heart. May we love like He loves – in truth and charity!

#### **IMMACULATE HEART OF MARY**

The day after we celebrate the Solemnity of the Sacred Heart of Jesus, we celebrate the Immaculate Heart of His Mother Mary! Her Immaculate Heart so purely received God – the Second Person of the Most Holy Trinity – and He was made incarnate by the Holy Spirit in her womb. Her heart was pierced and laid open with all of our petitions. Her heart was wounded in sorrow in the Passion of her Son. Her motherly and tender heart carries our cares and worries. She bears our crosses and reminds us of our dignity as sons and daughters of Almighty God. Every First Saturday, we remember the Immaculate Heart of Mary and ask for her intercession. This feast of her Immaculate Heart always comes on the Saturday after the Solemnity of the Sacred Heart of Jesus.

Let us also pray for our Sisters, Servants of the Immaculate Heart of Mary who serve our parish so beautifully! They are at the heart of our Church and School! We love you, Sisters!

May our hearts be more and more like the Sacred Heart of Jesus and the Immaculate Heart of Mary!

~ Fr. Daniel Firmin

## Mass Schedule & Intentions

**\*\*Please pray daily for our Priests, Seminarians & IHM Sisters**

### 6/9 Tenth Sunday in Ordinary Time

Gn 3:9-15; Ps 130:1-2, 3-4, 5-6, 7-8; 2 Cor 4:13-5:1; Mk 3:20-35

7:30 am Special Intention, Bonnie MacAulay ~ Fr. Peter  
9:00 am Special Intention, Stephen & Kaitie Hotard ~ Fr. King  
11:30 am For the People ~ Fr. Peter

**\*\*Gabriel Gberikon, Stephen Giorno, George Gonzalez, Alfonso Gutierrez  
| Stephen Owusu Dwamena | Sr. Catherine McElroy**

### 6/10 Monday

1 Kgs 17:1-6; Ps 121:1bc-2, 3-4, 5-6, 7-8; Mt 5:1-12

7:00 am Special Intention, Bonnie MacAulay ~ Fr. Peter  
8:30 am + Ann Oxnard ~ Fr. Peter

**\*\*Richard Hart, Christopher Hassel, Thomas Healy, Francis Higgins  
| Benjamin Aler | Sr. Virginia Scirocco**

### 6/11 Tuesday St. Barnabas, Apostle

Acts 11:21b-26; 12:1-3; Ps 98:1, 2-3ab, 3cd-4, 5-6; Mt 5:13-16

7:00 am + Alejo Montoya ~ Fr. Peter  
8:30 am + Mike Burns ~ Fr. Firmin

**\*\*James Holloway, Daniel Ihunnia, Gordian Iwuji, Francisco Gamboa  
| Sr. Amanda Marie Russell**

### 6/12 Wednesday

1 Kgs 18:20-39; Ps 16:1b-2ab, 4, 5ab and 8, 11; Mt 5:17-19

7:00 am + Carol Anthony ~ Fr. Peter  
8:30 am + Dennis Burns ~ Fr. Firmin  
5:30 pm Fr. Peter

**\*\*John Johnson, Solomon Kaanan, Adam Kasela, Michael Kavanaugh  
| Kevin Braski | Sr. Alexis Karen Reavill**

### 6/13 Thursday St. Anthony of Padua, Priest & Doctor of the Church

1 Kgs 18:41-46; Ps 65:10, 11, 12-13; Mt 5:20-26

7:00 am + Ana Tobón ~ Fr. Firmin  
8:30 am + Mr. & Mrs. Daniel Thomas ~ Fr. Firmin

**\*\*Donal Keohane, Robert Keffer, Mike Kerin, Inshik Kim, Lewis King  
| Ziemowit Janaszek | Sr. Megan Elizabeth Capurso**

### 6/14 Friday

1 Kgs 19:9a, 11-16; Ps 27:7-8a, 8b-9abc, 13-14; Mt 5:27-32

7:00 am Fr. Peter  
8:30 am Special Intention, Deacon Lou Santore ~ Fr. Firmin

**\*\*David Klecker, Vernon Knight, David Koetter,  
| Jared Miller | Sr. Elizabeth Anne Bartholomew**

### 6/15 Saturday

1 Kgs 19:19-21; Ps 16:1b-2a and 5, 7-8, 9-10; Mt 5:33-37

9:00 am + Dac Do ~ Fr. Firmin  
5:00 pm + Rick Shay ~ Fr. Peter

**\*\*Dawid Kwiatkowski, Brian LaBurt, Peter Lanshima, Andrew Larkin  
| Noah Pace**

### 6/16 Eleventh Sunday in Ordinary Time

Ez 17:22-24; Ps 92:2-3, 13-14, 15-16; 2 Cor 5:6-10; Mk 4:26-34

7:30 am For the People ~ Fr. King  
9:00 am + Tatyana Taura ~ Fr. Peter  
11:30 am + John Hanzel ~ Fr. Firmin

**\*\*William Leahy, Raymond Levreault, Michael Lubinsky, Louis Lussier  
| Fred Williams**

**The Nursery is available for children 4 and under during the 9 AM and 11:30 AM Sunday Masses. The Nursery is located in the Early Learning Center, Classroom #2.**

## A PRAYER FOR THE SICK

Father, your only son took upon himself the sufferings and weakness of all mankind; through His passion and cross He taught us how good can be brought out of suffering. Look upon our brothers and sisters who are ill. In the midst of illness and pain, may they be united with Christ, who heals both body and soul; may they know the consolation promised to those who suffer and be fully restored to health.

~ Through Christ our Lord. ~ Amen.

### **We pray for the sick of our Parish Community:**

Fr. Daniel Firmin, Deacon Bob Fritz, Deacon Jerry Clark, Phin Michael, Sandy Ramirez, Mary Anne Walters, Donna Katula, Marjorie Waters, Nick & Thomas Turchiano, Connie Tyler, Spyros Root, Paul Baldwin, Brian DeRouen, Monica & Pamela De Guzman, and all those listed in the book of the sick.

***In order for a name to be included on the prayer list, an immediate family member must notify the church office at 912-355-1523. Names will be listed here for 4 weeks and then entered into the Book of the Sick, unless the office is notified otherwise.***

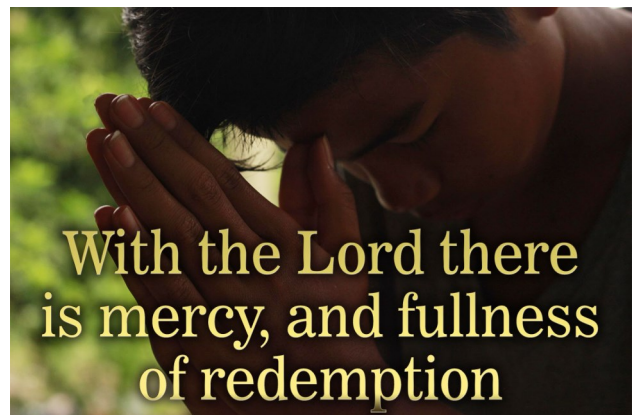
## A PRAYER FOR THE DEAD

Father, source of forgiveness and salvation, through the intercession of the Blessed Virgin Mary and all the saints, grant that our relatives, friends, and benefactors, who have passed from this world, may come to share your eternal happiness in the communion of saints.

~ Through Christ our Lord. ~ Amen.

### **We pray for the repose of the souls of:**

Jacob Collins, Joe Boggs, Joseph Verwiel, Bruce Nyberg, Carlos Guzman, and all our deceased family and friends.





## St. James Weekly Calendar

### 6/9 Tenth Sunday in Ordinary time

8:00-11:15am SJC Choir-Mercy Conference Rm  
4:00-5:00pm Eucharistic Holy Hour with Vespers-Church  
5:00-7:00pm Chosen and Cheesesteak-Mercy Conf. Rm

*Please join us for the Rosary for Fr. Firmin and his continued healing daily after the 8:30am*

### 6/10 Monday

7:45-8:15am Confessions-Church  
9:00am Rosary-Cry Room  
9:00am-12:00pm VBS-SJS  
5:30-6:30 Capital Campaign Committee Mtg-Mercy Conf. Rm

### 6/11 Tuesday

7:45-8:15am Confessions-Church  
9:00am Rosary-Cry Room  
9:00am-12:00pm VBS-SJS  
5:00-6:00pm Confessions-Church  
5:00-6:00pm ProLife Holy Hour-Church  
6:30pm RCIA Confessions-Church

### 6/12 Wednesday

6:20-7:30am TMIY-PC/gym  
7:45-8:15am Confessions-Church  
9:00am Rosary-Cry Room  
9:00am-12:00pm VBS-SJS  
6:30-8:00pm Choir Practice-Church  
6:30-7:00pm Women's +50 Mtg-Mercy Conf. Rm

### 6/13 Thursday

7:45-8:15am Confessions-Church  
9:00am Rosary-Cry Room  
9:00am-12:00pm VBS-SJS  
6:30-8:00pm Parish Council Mtg-Mercy Conf. Rm

### 6/14 Friday

7:45-8:15am Confessions-Church  
9:00am Rosary-Cry Room  
9:00am-12:00pm VBS-SJS  
7:00-10:00pm Pre Cana Class-PC/gym

### 6/15 Saturday

8:30am Rosary-Church  
8:00am-5:00pm Pre-Cana-PC/gym  
10:00-11:30pm Food Pantry-SJS Cafeteria  
3:45-4:45pm Confessions-Church

### 6/16 Eleventh Sunday in Ordinary Time

8:00-11:15am SJS Choir-Mercy Conference Rm  
4:00-5:00pm Eucharistic Holy Hour with Vespers-Church  
5:00-7:00pm Chosen and Cheesesteak-Mercy Conf. Rm

## PARISH STEWARDSHIP OF TREASURE

### Offertory for Sunday

June 2, 2024 \$28,683.67

### YTD Offertory: July 1st through June 2nd

2022-23 Actual \$1,435,824.63  
2023-24 Budget \$1,462,411.41  
2023-24 Actual \$1,507,082.16

### 2024 ACA Progress Report as of 5/30/2024

Total Given & Pledged \$153,639.09  
ACA Parish Goal: \$134,000  
% Participation: 21.67

**Thank you for your generous gifts to the Stewardship of Treasure. The offertory is the primary means of support for the parish and provides programs, support, and services to our parishioners, school and community.**



**SIGN UP FOR ONLINE GIVING** Visit our parish website at [www.stjamesav.com](http://www.stjamesav.com) and select the *Online Giving* link. If you have any questions please contact Mark Kolbush at 912-355-1523 or email: [Mkolbush@stjamesav.com](mailto:Mkolbush@stjamesav.com)

## PARISH MEMBERSHIP

Active members of our parish are identified by their generosity of TIME, TALENT AND TREASURE.

Stewardship is determined by:

- \* Being registered and active for at least 3 months
- \* Faithful participation at Sunday & Holy Day liturgies
- \* Regular and identifiable support of the parish, use of parish envelopes. Even if you can't make a donation, please use your envelopes.

These criteria are used to verify parishioner status for: Sponsorship, participation in sacraments, education, pastoral and social ministries, and Catholic School verification.

## FORMED.ORG

A revolutionary online platform featuring some of the best Catholic videos, audio talks, eBooks and movies. This is a wonderful resource for personal faith formation.

To sign up FREE visit [formed.org](http://formed.org) and click on "sign up" and then click "Sign up as a parishioner" then enter Parish Code: **NHNFN2** or **St. James Savannah**. Enter your email and create a password (You will use this to login later). You can get Formed on your phone, tablet, Roku, Amazon Firestick, AppleTV.

### MASS LIVE STREAMED - 9:00 a.m.

Like us on Facebook for access:

<https://www.facebook.com/stjamesavcatholicchurch/>

For your relatives and neighbors who don't have Facebook, tell them they can go right to our website at <https://www.stjamesav.com/livestream>.

### SUNDAY HOLY HOUR

We continue to pray together each Sunday at 4:00 p.m. in front of Jesus in the Blessed Sacrament. We conclude with Evening Prayer. Please join us so that you can experience a beautiful hour of intimacy with our Lord!

### PRO-LIFE ROSARY HOLY HOUR

Join us every Tuesday at 5:00pm in the church as we recite the rosary for the protection of all life with adoration and benediction of the Blessed Sacrament.

### LUMEN CHRISTI PERPETUAL ADORATION CHAPEL

Spend time with Jesus. Eucharistic Adoration is an essential way to search for and maintain peace in the midst of our personal hardships and everyday life. If you would like to commit to a time to stay with Jesus during Adoration, please contact church office.

**PROMISE To Protect** **Pledge To HEAL** **ABUSE HOTLINE...** To report sexual abuse of a minor by a Diocese of Savannah employee or volunteer, call the abuse hotline at 888-357-5330 or the Office for Protection of Children & Young people at 912-201-4073. To read the policy on sexual abuse of minors, go to [www.diosav.org/childyouthprotection](http://www.diosav.org/childyouthprotection).

## ST. JAMES PARISH FAITH FORMATION

What are you looking for? Come and see.

(Jn. 1:38-39)

### Rite of Christian Initiation for Adults (RCIA)

RCIA is for those who are not baptized, or those who have been baptized in another Christian tradition who are interested in becoming Catholic Christians.

### Summer Inquiry Sessions

#### Sunday, June 23

10:15 a.m. in Mercy Conference Room

Drop-in; no RSVP needed

#### Thursday, July 11

6:30 p.m. virtually via Zoom

RSVP required to attend virtual session

Meet the team & other inquirers

Listen to testimonies

Get an overview of the process

Q&A

Family members welcome

No commitment required

Interested? Questions?

Contact Sr. Stephanie Gabriel at

SrStephanieGabriel@StJamesSav.com or 912-600-2153.

## WOMEN SHARING THE FAITH JOURNEY

A ministry for women 50+  
reflecting on life transitions

(empty nest, retirement,  
loss of spouse, aging, etc.)

EVENING MEETING:  
WEDNESDAY, JUNE 12

6:30 P.M. TO 8 P.M.

MERCY CONFERENCE ROOM

TOPIC:  
FINDING GOD  
IN LIFE TRANSITIONS

JOIN US FOR PRAYER,  
REFLECTION & FELLOWSHIP  
ALL ARE WELCOME!

Questions? Call Linda Stroyne  
602-524-9570

## St. James Parish Religious Education Program (PREP)

Catholic religious education for children in grades PreK through 8 not enrolled in Catholic school. Sacramental preparation in grades 1-2 and 7-8. Catch-up classes also available for students missing sacraments.

Sundays from 10:15 a.m. to 11:15 a.m.  
in St. James School

Tuition:

\$65 for one child

\$100 for two

\$135 for three +

Small class sizes!  
Opportunities for  
family prayer!  
Seasonal  
celebrations!

To register and pay online, visit  
<https://tinyurl.com/PREP2025>.

Formulario de inscripción en español  
disponible le en la oficina parroquial.

Questions?

Contact Sr. Stephanie Gabriel at

SrStephanieGabriel@StJamesSav.com or 912-600-2153.

## REGISTRATION NOW OPEN!



Register by  
Aug. 1  
to ensure  
a space!





**KNITTERS, CROCHETERS, AND QUILTERS!!** CCW makes lap blankets, shawls and hats for cancer patients, the home-bound, nursing homes and others in need. Please contact the church office for more information. If you know someone in need please alert a CCW member or the parish office. Yarn and knitting needles or crochet hooks can be provided, as well as instructions. Lap blankets (40"-50" square or rectangle) and shawls cannot have fringe (due to wheelchairs/electronic chairs). Donations of yarn, knitting needles, crochet hooks, quilting fabric, etc., are appreciated. Please drop your donations at the church office.


**St. James Church Food Pantry Ministry News**

Our next Food Pantry **will be June 15th** in the school cafeteria from 10:00 am – 11:30 am. For more information, please call the Food Pantry line at 912-800-9006. If you would like to volunteer, please call the church office at 912-355-1523.

**We CANNOT accept any items in glass containers or that have expired.**  
**St. James Food Pantry in Urgent Need of Items to Restock the Shelves. Shelf stable complete meals: Beef stew, or chunky soups (preferably cans with pull tops), healthy snacks including nuts, granola bars, pancake mix, canned pork & beans, shelf stable milk, toothpaste & toothbrushes, laundry detergent.**

**ADDITIONAL ITEMS ALWAYS NEEDED**

- |                       |                        |
|-----------------------|------------------------|
| Oatmeal               | Breakfast cereal       |
| Canned chicken        | Canned fruits          |
| Tuna fish             | Kleenex                |
| Jelly & Peanut butter | Toilet paper           |
| Dry macaroni          | Low sodium soups & Veg |
| Spaghetti sauce       |                        |
| Breakfast bars        |                        |






You Are Cordially Invited To Attend  
 Our Sixth Annual Jazz Benefit Concert  
 In Support Of Camp Lighthouse

Sponsored by The Martin de Porres Society And  
 Congregation Mickve Israel

Dr. George L. and Mrs. Yolanda F. Negron, Founders

Presenting Teddy Adams and Sextet    Featuring Huxsie Scott



Save The Date:  
 Sunday, June 30, 2024  
 Congregation Mickve Israel  
 20 East Gordon Street, Savannah, GA 31401  
 4:00 P. M.

Tickets are now available for purchase in Saint James' Church Office and the Saint and Shamrocks Store.

Adults: \$50.00                  Youth and College Students: \$20.00  
 Dress Attire: Semi- Formal

Gail Brown, Chairperson, (912) 358-8887 [gailbro2@yahoo.com](mailto:gailbro2@yahoo.com)  
 Rabbi Robert Haas, Co- Chairperson, [rabbihahas@mickveisrael.org](mailto:rabbihahas@mickveisrael.org)  
 (912) 233-1547

Proceeds from this event will further assist us in providing positive summer camp learning experiences for youth from underserved areas of our community.

# Chosen and Cheesesteaks

Sundays  
thru July 7

5 p.m. - 7 p.m.

Mercy Conference Room

**RSVP needed**  
to ensure enough sandwiches!

Now showing all of Season 4!

Sign up online at [StJamesSav.com/adult-faith-formation/](http://StJamesSav.com/adult-faith-formation/) or scan the code below.  
 Registration assistance available in the Parish Office.



Regular cheesesteak or turkey & provolone available

Freewill offering for sandwiches requested

Questions?  
 Contact Sr. Stephanie Gabriel at [SrStephanieGabriel@StJamesSav.com](mailto:SrStephanieGabriel@StJamesSav.com) or 912-600-2153

# Vascular & Organ Wellness Ultrasound Screenings

## St. James Catholic Church on

**Friday, June 21<sup>st</sup>**

Please call 832-437-7355 for your appointment.

### Do You Have Any of These Risk Factors?

High Blood Pressure ♦ High Cholesterol ♦ Family History of Stroke, Heart Attack, Aortic Aneurysms or Cancer  
Diabetes ♦ Atrial Fibrillation ♦ Obesity

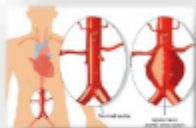
The first symptom of a stroke IS a stroke! Early detection helps to save lives. Manage these controllable risk factors: smoking, unhealthy diet, physical inactivity, excessive weight, and alcohol consumption.



**Stroke Risk Screening**  
Ultrasound of the carotid artery looking for plaque or blocked arteries.



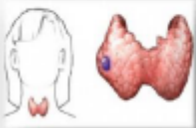
**Liver Screening**  
Ultrasound looking for physical lesions such as masses or tumors.



**Abdominal Aortic Aneurysm Screening**  
Ultrasound of the abdominal aorta looking for an aneurysm.



**Kidneys (2) Screening †**  
Ultrasound looking for physical lesions such as cysts, masses, and stones.



**Thyroid Screening †**  
Ultrasound looking for physical lesions such as nodules or cysts.



**Gallbladder Screening †**  
Ultrasound looking for physical lesions such as polyps, stones, and sludge.

## Total Discounted Package: All 7 Ultrasounds for \$169

Appointments: 832-437-7355; † No substitutions or discounts allowed

### Additional Testing Available\* (not included in package cost)

- ♦ A1c (Diabetes) \$25
- ♦ Lipids/Cholesterol \$25
- ♦ VTD (Vitamin D) \$45
- ♦ PSA (Prostate) \$45
- ♦ TSH (Thyroid) \$45
- ♦ CRP (Cardiac/Inflammation) \$45
- ♦ COR (Cortisol/Adrenal Glands) \$45
- ♦ GGT (Liver Enzyme) \$45
- ♦ CRE (Kidney Creatinine Serum) \$45
- ♦ TTE (Testosterone) \$45
- ♦ Bone Density (T-Score) \$25

\*Bloodwork may not be available in all regions.



For blood package pricing, open phone camera, hover over QR code and tap the link.

### Screening Preparations

- ♦ Wear a two-piece comfortable outfit, no dresses.
- ♦ No food or caffeine 4 hours prior to screening.
- ♦ If you are diabetic, make sure to eat a light snack.
- ♦ No chewing gum before the exams.
- ♦ 8 hours fast if having the cholesterol test.
- ♦ If you are taking medication, continue to take it.

**Saving Lives Since 2001!**



Results read by a Board-Certified Radiologist and mailed directly to you in 3-4 weeks. Life threatening results expedited. Unless you are symptomatic, typically, your doctor will not order diagnostic versions of these screenings and insurance companies may not pay for them. Please note that there is a 350 lb. weight limit on the medical screening tables. Stroke Scan Plus [www.strokescan.com](http://www.strokescan.com) (ENG 060423)

Next weekend, June 15<sup>th</sup> & 16<sup>th</sup>, a Representative will be attending all Masses to announce the ultrasound screening event. Pre-registration will be held after each Mass for the ultrasound screening event that is scheduled for June 21<sup>st</sup>, 2024 in the Mercy Conference Room.





**Michael D. DeMauro, M.D.**  
 (912) 355-2462  
 4500 Waters Ave., Ste. 100  
 Savannah, GA 31404  
 (912) 330-5010  
 110 Medical Park Drive  
 Pooler, GA 31322  
 (912) 898-9800  
 1001 Memorial Drive  
 Savannah, GA 31410



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 Savannah, GA 31419  
[www.AnklesandFeet.com](http://www.AnklesandFeet.com)



Since 1986 we strive to address the emotional, social and nutritional needs of our children

501(c)3 Non-Profit Organization, Parishioners  
 Donations needed--All are tax deductible

2 Pelham Rd • Savannah, GA 31411 • [mgverwie1@gmail.com](mailto:mgverwie1@gmail.com)  
[Martindeporres.org](http://Martindeporres.org)



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 F: 912.354.3950  
[GrooverFamilyDentistry.com](http://GrooverFamilyDentistry.com)



**Michael J. Groover, DMD**

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